



**András Székely**

Working place:

- Semmelweis University, Institute of Behavioural Sciences

Activity

- Epidemiological researches
- Project management
  - EU projects (EAAD I and II)
  - National research projects

Education:

- 1984-1988 Pannonhalmi Bencés Gimnázium (Benedictine High School, Pannonhalma)
- 1990-1994 Economist, College of Finance and Accounting, Budapest
- 2004-2008 Teacher of religion, Pázmány Péter Catholic University, Budapest, Faculty of Theology



**Dr. med. René Hefti**

#### **Working Positions and Priorities:**

- Head of the psychosomatic department at the Clinic SGM in Langenthal (in- and outpatient clinic). Working priorities: somatoform disorders, psychosocial aspects in patients with cardiovascular disease, chronic pain syndromes, anxiety disorders, depressions (incl. burnout), coping with chronic illness
- Head of the Research Institute for Spirituality and Health

#### **Medical Education:**

- Medical School at Zürich 1980-1987
- Internal Medicine at the Teaching Hospital of Luzern (Prof. Nager)
- Cardiology at the Cardiac Rehab. Center in Hohegg, Austria (Prof. Klizpera)
- Further Medical Training at the University Hospital Sanaa, Yemen (Prof. Hurraibi)
- Psychosomatic Medicine at the University Hospital Basel (Prof. Langewitz)
- Logotherapy and Existential Analysis in Bern/Vienna (Dr. Dr. A. Längle)
- Scientific training/workshops at Duke University, Durham/NC (Prof. Koenig)

#### **Teaching Engagements:**

- Lecturer for psychosocial medicine at the University of Bern, medical faculty
- Skills training in psychosocial medicine at the University of Bern, medical faculty
- Training residents in psychosocial medicine, SAPPMM

#### **Research Projects**

- The Influence of Religious Factors on Postoperative Recovery after Cardiac Surgery; Hefti R, Klizpera M (1999), Presentation 2004 am Center of Religion, Spirituality and Health, Duke University Medical Center, Durham, NC/USA
- Existenzskala und Religiosität – korrelative Zusammenhänge; Hefti R, Allemann M (2001), Präsentation am 7. Forschungstreffen für P&S, 2002, Eggenhausen (D)
- The Influence of Religiosity on Cortisol Profiles in Depressive Patients – is there a Stress buffering effect; Hefti R, Schirl G (ongoing)
- The Influence of Religiosity on Cardiovascular Reactivity in Depressive Patients – an exploratory Study; Hefti R, Probst S, Pfandl R (ongoing)



**Dietrich von Bonin**

Born in 1958. Graduation in drama and poetry at the School for Speech and Drama, Goetheanum, Switzerland in 1983. Post-graduate training in Anthroposophical Therapeutic Speech (ATS).

Master of Medical Education, MME (2006). Since 1984 ATS-Practitioner at the center for Anthroposophical Medicine MKT, Berne, Switzerland.

Since 1998 research associate at the Institute of Complementary Medicine KIKOM, University of Berne.

Leader of the ATS-Training at the Dora-Gutbrod-Schule, Basle, Switzerland. Leader of the development of a state-recognized examination for arts therapists in Switzerland. ATS-Teacher and lecturer in several countries. Research: Effects of speech-therapy on cardiorespiratory coordination.