Improving spiritual care competency

Effects of an online spiritual care course in improving healthcare students' perceived competency in spiritual care

Susanne Magin^{1*}, Eckhard Frick¹, Kathrin Maier²

¹Munich School of Philosophy, ²KSH Munich University of Applied Sciences, *funded by the Hanns Seidel Foundation and the Bavarian Science Forum

study: 2-group pre-post-test quasi-experimental design CG IG online spiritual care course SEPCare interim post-test pre-test post-test pre-test interval SEPCare

constructs/ measurements:

- 1. knowledge, skills, attitudes concerning spiritual care (12 items based on Wasner et al. 2008)
- 2. 7 facets of spiritual care competency: Spiritual Care Competency Questionnaire (SCCQ, Frick et al. 2019; adapted 19-item student-version)
- 3. self-efficacy: General Self-efficacy Scale (10 items by Jerusalem & Schwarzer 2018)

participants:

N = 145 healthcare students from Bavarian universities

- e.g., social work, medicine, nursing sciences, theology
- 5th semester
- 19 56 years (M = 26.2)
- 78% female
- 56% Catholic
- 68% single
- n = 75 intervention group (IG)
 - completed 83% of SEPCare
- n = 67 control group (CG)

statistical analysis: repeated measures ANOVA, time (within) + group (between) as factors

results (time by intervention effects):

- 1. knowledge \uparrow , skills \uparrow , attitudes \uparrow ; (each p < .001)
- 2. 3 SCCQ-facets \uparrow : team-spirit (p < .05), documentation comp. (p < .001), knowledge about other religions (p < .001) 4 SCCQ-facets – : perceptual comp., self-awareness + proactive opening, comp. in conversation technique, proactive empowerment comp.; (each p > .05)
- 3. self-efficacy \uparrow (p < .05)
 - > online spiritual care education can improve aspects of perceived spiritual care competency most relevant effects on cognitive components (knowledge-based competency
 - > results can inform educators for spiritual care + help prepare future spiritual caregivers for delivery of holistic care

references:

https://ilearn.th-deg.de/course/view.php?id=6314 (SEPCare-Demo)

Frick E, Theiss M, Recchia DR, Büssing A (2019) Validierung einer deutschsprachigen Spiritual Care-Kompetenz-Skala. Spiritual Care 8: 193–207.

Jerusalem M, Schwarzer R (2018) Allgemeine Selbstwirksamkeitserwartung. available: http://www.selbstwirksam.de/

Wasner M, Roser T, Fittkau-Tönnesmann B, Borasio GD (2008) Palliativmedizin im Studium. Spiritualität und psychosoziale Begleitung als wichtige Lehrinhalte. Deutsches Ärzteblatt 105: A674–A676.







Information to the online spiritual care course Spiritual Care – Emergency Care – Palliative Care (SEPCare)





Modul 1: Spiritual Care - was ist das?



- 1. Was ist spirituell an Medizin, Pflege, Sozialer Arbeit ...?
- 2. Unterscheidung Spiritualität und Religion
- 3. Spiritual Care als Dimension von Palliative Care
- 4. Einführende Texte zu Spiritual Care
- 5. Wie kann Spiritualität ins Wort/Gespräch kommen?
- 6. Selbsttest

2. Stimmen zum Kurs

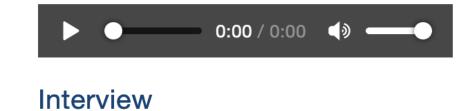
1. Gibt es Zeit und Raum für Spiritualität in der Notfallsituation?



Interview mit Prof. Dr. med. Christoph Dodt,
Chefarzt Notfallzentrum
Städtisches Klinikum München Bogenhausen
Past Präsident der Deutschen Gesellschaft Interdisziplinäre Notfallund Akutmedizin (DGINA)

Facharzt Innere Medizin, Intensivmedizin, Notfallmedizin.

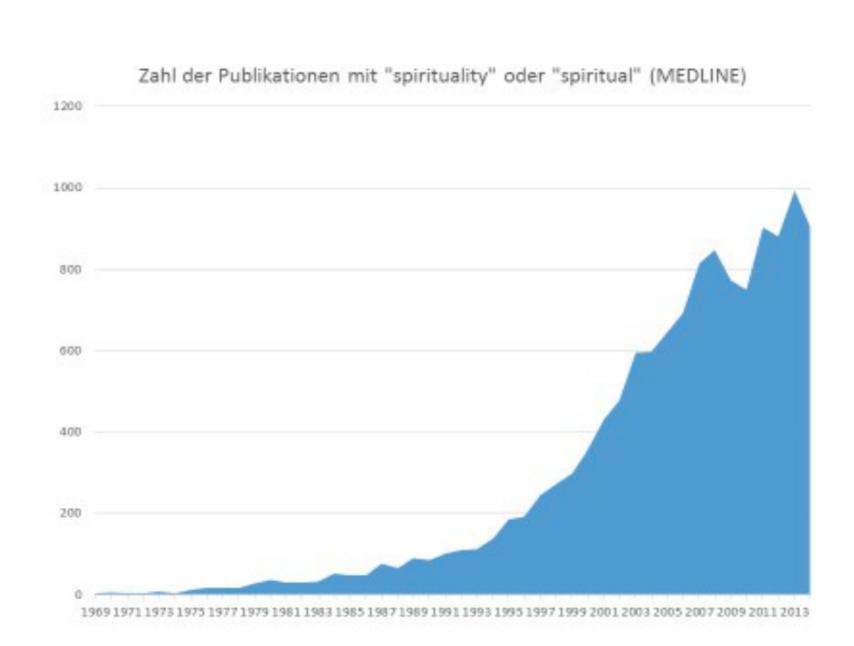
Sie können das Interview hören und als Text lesen:



4. Einführende Texte zu Spiritual Care

Einführende Texte zu Spiritual Care

Seit der Jahrtausendwende haben Studien zu Spiritualität im Gesundheitsbereich rasant zugenommen:



Sie finden einige "klassische" einführende Texte zu verschiedenen Fragen zu Spiritual Care, besonders aus dem angelsächsischen (Ursprungs-)Kontext, und aktuelle Texte.

3. Spiritual Care als Dimension von Palliative Care

5. Wie kann Spiritualität ins Wort/Gespräch kommen?

thematic modules:

- 1. spiritual care what is that?
- 2. pain the whole body hurts
- 3. borderline situations the whole life

additional options:

- a) technical introduction (how to participate in the online course)
- b) essay reflection on a spiritual care experience
- c) spiritual break an invitation to have a break out with lyrics, music, humorous texts, cartoons etc.

→ workload: 2 semester hours, 3 ECTS









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