

CONSEQUENCES of CHILDHOOD TRAUMA on ADULT RELIGIOSITY/SPIRITUALITY

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The associations of different types of childhood trauma with later religiosity/spirituality in secular conditions.

Sample: A nationally representative sample of Czech adults (n=1800, mean age=46.4, SD=17.4; 48.7 % male)

Measures: Childhood trauma (Childhood Trauma Questionnaire), spirituality (Daily Spiritual Experience Scale), and religious affiliation.

Statistical analysis: Binary and multinomial logistic regressions adjusted for gender, age and education level.

Conclusions: Childhood trauma is associated with higher levels of spirituality in non-religious respondents. Addressing spiritual needs might contribute to an effectiveness of a psychotherapeutic treatment of the victims of childhood trauma even in secular countries.

Associations of different childhood trauma experiences with adult spirituality (per standard deviation, scores standardized to z-scores): results of binary logistic regression level leading to odds ratios (OR) with 95% confidence intervals (95% CI).

		Adult spirituality	
		OR	95%CI
Emotional abuse (EA)	non-religious	1.64	(1.33-2.02)***
	religious	1.01	(0.84-1.21)
Physical abuse (PA)	non-religious	1.72	(1.45-2.04)***
	religious	1.14	(0.96-1.36)
Sexual abuse (SA)	non-religious	1.73	(1.48-2.03)***
	religious	1.16	(0.98-1.38)
Emotional neglect (EN)	non-religious	1.55	(1.17-2.06)**
	religious	0.91	(0.76-1.10)
Physical neglect (PN)	non-religious	2.10	(1.63-2.70)***
	religious	1.11	(0.93-1.34)

Associations of different childhood trauma experiences (per standard deviation, scores standardized to z-scores) with R/S combinations: results of multinomial logistic regression leading to odds ratios (OR) with 95% confidence intervals (95% CI).

Religious Non-spiritual			Religious Spiritual			Non-religious Spiritual		
	OR	95%CI		OR	95%CI		OR	95%CI
EA	1.05	(0.93-1.19)	EA	1.01	(0.84-1.21)	EA	1.64	(1.33-2.02)***
PA	0.99	(0.86-1.13)	PA	1.14	(0.96-1.36)	PA	1.72	(1.45-2.04)***
SA	1.00	(0.87-1.15)	SA	1.16	(1.00-1.38)	SA	1.73	(1.48-2.03)***
EN	1.01	(0.90-1.14)	EN	0.91	(0.76-1.10)	EN	1.55	(1.17-2.06)**
PN	0.93	(0.82-1.06)	PN	1.11	(0.93-1.34)	PN	2.10	(1.63-2.70)***

*p < 0.05, **p < 0.01, ***p < 0.001