

The body mapping technique as a way of expression spirituality perceptions and meanings in nursing students

Martínez-Rodríguez, L.¹; Fernández-Pascual, M. D.²; Domenech- Sorolla, J.³; Reig-Ferrer, A.⁴
¹, Universidad de Barcelona, ², ⁴Universidad de Alicante, ³Universidad de Lleida

Background

The dynamics of Body-mapping, besides being a form of art, is also used as a technique of representation for knowledge generation. It is a narrative technique employed to facilitate understanding of oneself, our bodies, and the world we live in, promoting self-awareness of the dimensions of spirituality through sketches, paintings that depict mental images, ideas, fears, and concerns that are part of the spiritual competencies in nursing practice.

Objective

Explore perceptions, experiences, and discourses of nursing students providing end-of-life spiritual care. Analyze emerging spirituality dimensions and expressions during nursing education. during the nursing education process.

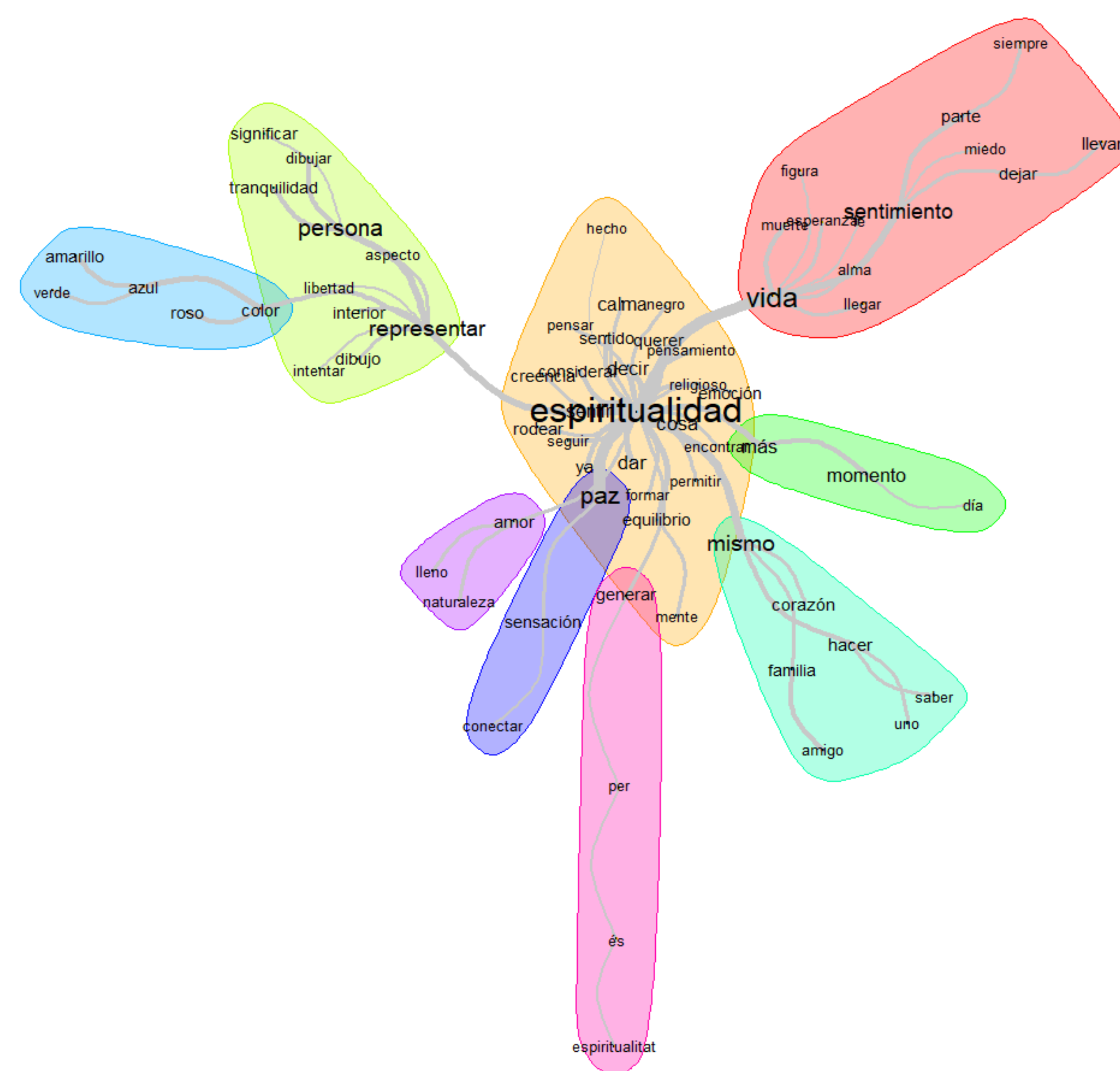
Methods

Exploratory qualitative study. Body mapping is used as a technique for data generation. A content analysis is conducted on the narratives accompanying the images of the drawings and the drawings of 40 fourth-year nursing students. Rigor criteria are applied. Discourse analysis of the students was carried out through content analysis using the IRAMUTEQ software platform for multidimensional analysis of texts and questionnaires, which allows for statistical analysis of the corpus of texts and/or tables of individuals/characters.

The program enables textual analysis with qualitative algorithms based on the lexicon used, using the hierarchical descending classification described in its method by Reinert (Morales, 2019)

Results

Preliminary findings identify a number of categories which emerged from the content analysis. Mainly perceptions of the spiritual dimension and the meaning of the integration of spirituality in the care in end-of-life patients.



Total: 526 words.
 Frequencies higher than 10 are :

WORD	NUMBER	GRAMMATICAL CATEGORY
espirituality	36	nr
life	24	noun
person	20	noun
represent	18	verb
peace	17	noun
same	14	adj
feeling	13	noun
moment	13	noun
color	12	noun
feel	11	verb
more	11	adv
give	11	verb
thing	11	noun



Spirituality is the main focus that is articulated from (1) life, as a feeling to let oneself go, sometimes with some fear, to reach the soul and hope, and (2) the representations of the person from freedom, the inner self and peace of mind.

Conclusion

Nursing students emphasize the significance of spirituality in end-of-life patient care, acknowledging its absence in the curriculum. The intrapersonal and interpersonal dimensions of spirituality are most prominent, while the transpersonal dimension is primarily linked to religious practices.