

Implementation of Competency-Based Spiritual Care Education Tool for Portuguese Nursing Schools: Preliminary results



Sara Sitefane¹, Ana Afonso¹, Isabel Rabiais^{1,2}, Sílvia Caldeira¹

¹ Universidade Católica Portuguesa, Lisbon, Portugal.
² Universidade Atlântica, Lisbon, Portugal.

EUROPEAN CONFERENCE ON
RELIGION, SPIRITUALITY AND HEALTH
EC RSH 2024

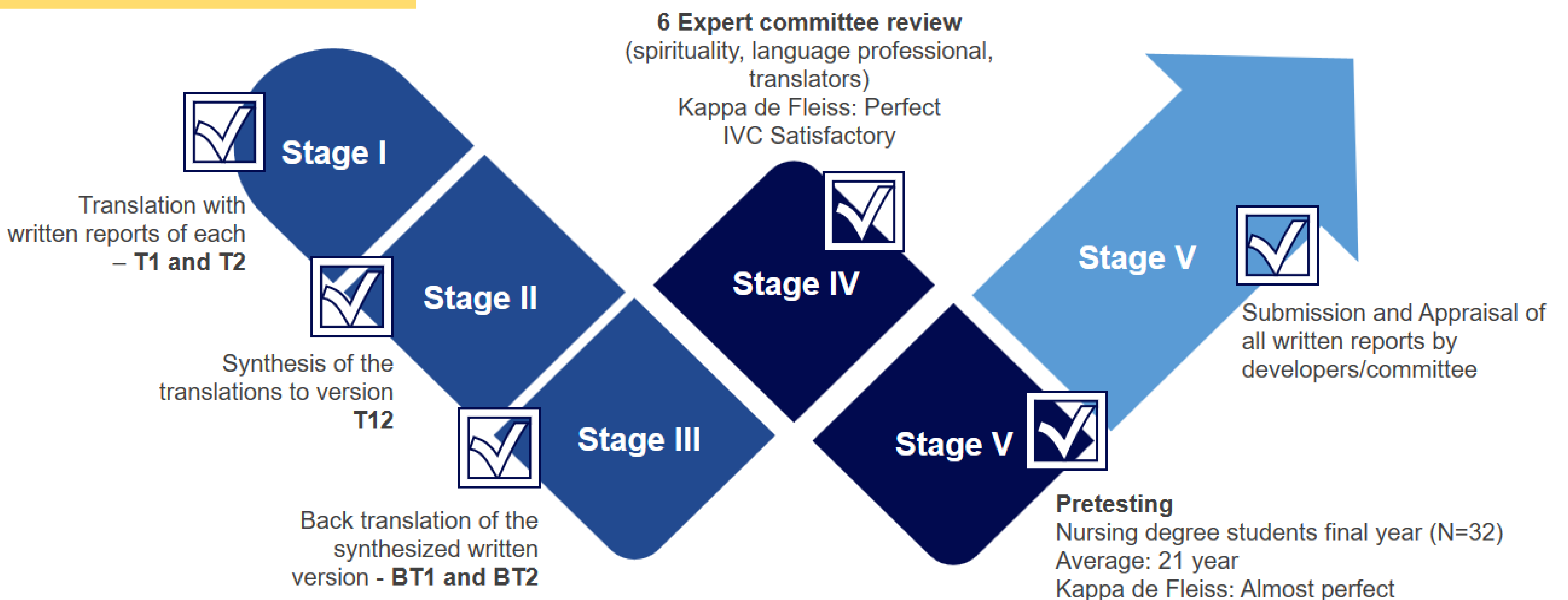
BACKGROUND

The increasing educational need of developing spiritual competencies led to the **European project EPICC** (Nurses' and Midwives' Competence in Providing Spiritual Care through Innovative Education and Compassionate Care)¹. In this project, the acquisition of competencies for spiritual care is integrated throughout the core **nursing curriculum**, with both perception and spirituality contributing to the **student's** development. The implementation of spiritual care training in undergraduate degrees in **Portugal** is not regular, and this tool seemed adequate to test and start a systematic and evidence-based improvement of this educational aspect in nursing.

METHODS



RESULTS



CONCLUSION

Preliminary results suggest a **suitable cross-cultural adaptation** to the language and culture of Portugal, for both instruments of EPICC matrix. The implementation of this educational framework now proceeds to the pilot phase.

This **innovative project** can potentially enhance the nursing curricula in Portuguese schools with a foundation in evidence-based practices.

REFERENCES

1. McSherry W, Ross L, Attard J, van Leeuwen R, Giske T, Kleiven T, et al. Preparing undergraduate nurses and midwives for spiritual care: Some developments in European education over the last decade. *Journal for the Study of Spirituality*. 2020 Jan 2;10(1):55–71.
2. Beaton DE, Bombardier C, Guillemin F, Ferraz MB. Guidelines for the Process of Cross-Cultural Adaptation of Self-Report Measures. *Spine (Phila Pa 1976)*. 2000;25(24):3186–91.