

Invitation to the

Online Research Workshop with Prof. Harold Koenig and European Experts on “Religion, Spirituality and Health”

May 23-26, 2021

GENERAL INFORMATION

Preceding the European Conference on Religion, Spirituality and Health (www.ecrsh.eu) we invite you to participate in a 4-day Pre-Conference Research Workshop with Prof. Harold Koenig and European experts on “Religion, Spirituality and Health” Research. The workshop is open to all interested in the topic accepting participants of any educational level or degree, including, physicians, nurses, psychologists, theologians, chaplains, pastoral counsellors, public health specialists, epidemiologists, or other potential researchers.

The main presenter is Prof Harold G. Koenig. He holds a professorship at Duke University Medical Center (Internal Medicine, Psychiatry, and Behavioral Sciences). Furthermore, he is director of the Center for Spirituality, Theology and Health. This center offers a 2-year post-doc program in religion and health, which Dr Koenig has compressed into a 4-day-workshops like the one offered here.

The following topics will be discussed:

- Importance of definitions
- Previous research on religion, spirituality and health
- Understanding mechanisms and pathways
- Highest priority studies for future research
- Strengths and weaknesses of religion/spirituality measures
- Designing different types of research projects
- Statistics and statistical modeling
- Funding your research, Writing a grant
- Managing a research project
- Writing a research paper for publication; getting it published
- Developing an academic career in this area

European experts will complement the program with the following topics:

- Theological reflection on religion and health research
- Taxonomy of religious health interventions in behavioral sciences (RHIBS)
- Longitudinal studies and physiological measures in RSH-research
- Using qualitative methods and reflecting on R/S scales in the European context

Individual mentorship meetings with the presenters will allow the participants to discuss their specific questions and their own research projects.

PROGRAM

ONLINE RESEARCH WORKSHOP 2021				
	Sunday May 23th	Monday May 24th	Tuesday May 25th	Wednesday May 26st
10:00		Theological Reflections on Religion and Health Prof. Niels Ch. Hvidt	Longitudinal Studies Prof. Arjan Braam	Qualitative Methods Prof. Jessie Dezutter
11:00		RHIBS Taxonomy Prof. Deborah Lycett Dr. Riya Patel	Physiological Measures in RSH-Research Dr. René Hefti	European Perspective on R/S Scales Prof. Arndt Büssing
12:00		Lunch Break	Lunch Break	Lunch Break
13:00		Sources of Information Definitions Relevance to Public Health Prof. Harold Koenig	Strengths and Weaknesses of religious and spiritual Measures Designing a Research Project Prof. Harold Koenig	Developing a Research Career Highest Priority Studies for future Research Prof. Harold Koenig
14:00				
15:00		Coffee Break	Coffee Break	Coffee Break
15:30	Welcome Introduction of Participants Individual Research Projects/Interests	Reviews of Mental and Physical Health Pathways and Mechanisms: How religion affects health Prof. Harold Koenig	Quantitative Methods in RSH Research Recent developments in Research in the USA Prof. Harold Koenig	Writing a paper Funding for research Prof. Harold Koenig
16:30				
17:30	Mentorship	Mentorship	Mentorship	Mentorship
18:00	Mentorship	Mentorship	Mentorship	Mentorship
18:30	Mentorship	Mentorship	Mentorship	Mentorship
19:00	Mentorship	Mentorship	Mentorship	Mentorship
19:30	Mentorship	Mentorship	Mentorship	Mentorship

The program has been adapted for the online version taking into account the different time zones.

FACULTY

Prof. Harold G. Koenig



Dr Koenig completed his undergraduate education at Stanford University, his medical school training at the University of California at San Francisco, and his geriatric medicine, psychiatry, and biostatistics training at Duke University Medical Center. He is board certified in general psychiatry, geriatric psychiatry and geriatric medicine, and is a Professor of Psychiatry and Behavioral Sciences, and Associate Professor of Medicine at the Duke University.

Dr Koenig is the director of the *Center for Spirituality, Theology and Health* at the Duke University Medical Center, and has published extensively in the fields of mental health, geriatrics, and religion, with over 300 scientific peer-reviewed articles and book chapters and 40 books in print or in preparation. He is past editor of the Medline research journal, the *International Journal of Psychiatry in Medicine*. His research on religion, health and ethical issues in medicine has been featured on over 50 national and international TV news programs (including NBC's *The Today Show* and ABC's *Good Morning America*), 100 national or international radio programs (including multiple NPR and BBC Radio 5 interviews), and hundreds of national or international newspapers or magazines (including cover stories for *Reader's Digest*, *Parade Magazine*, *Newsweek*, and *Time*).

In September 1998, Dr Koenig was invited to give testimony before the U.S. Senate concerning the benefits of religion and spirituality on health; in September 2008, Dr Koenig gave testimony before the U.S. House of Representatives Committee on Science & Technology. He has been interviewed by James Dobson on *Focus on the Family* and by Robert Schuller in the *Crystal Cathedral on the Hour of Power*. Dr Koenig has been nominated twice for the Templeton Prize for Progress in Religion. His latest books include: *The Healing Power of Faith* (Simon & Schuster, 2001 paperback), *The Handbook of Religion and Health* (Oxford University Press, 200, 2012), *Spirituality in Patient Care*, 2nd Ed. (Templeton Foundation Press, 2007), *Medicine, Religion and Health* (Templeton Foundation Press, 2008), *Religion and Spirituality in Psychiatry* (Cambridge University Press, 2009), and *Spirituality and Health Research: Methods, Measurement, Statistics, and Resources* (Templeton Press, 2011). He is the recipient of the 2012 Oskar Pfister Award from the American Psychiatric Association and the 2013 Gary Collins Award from the American Association of Christian Counselors. His latest book is *Health and Well-being in Islamic Societies* (2014, Springer International).

Dr Koenig travels widely to give workshops and seminar presentations (see www.spiritualityandhealth.duke.edu/index.php/speaking-engagements-harold-g-koenig-m-d). For more information to Dr Harold Koenig see www.spiritualityandhealth.duke.edu/index.php/harold-g-koenig-m-d.

European Faculty

European presenters are: Prof. Dr. Niels Chr. Hvidt, University of Southern Denmark, Odense (DK), Prof. Dr. Deborah Lycett, University of Coventry, Coventry (GB), Prof. Dr. Arjan Braam, University of Humanistic Studies, Utrecht (NL); Dr. René Hefti, University of Basel and Research Institute RISH, Langenthal (CH); Prof. Dr. Jessie Dezutter, School of Psychology, Catholic University of Leuven (BE) and Prof. Dr. Arndt Büssing, University of Witten-Herdecke, Witten (D). The CV's will be displayed later.

ORGANISATION, FEES AND CONTACT

The workshop is organized by the Research Institute for Spirituality and Health (www.rish.ch) in collaboration with the European Board of Religion, Spirituality and Health. Responsible for the organization is René Hefti, M.D., head of the Research Institute RISH, e-mail rene.hefti@rish.ch.



The workshop will be held online by Zoom. A Zoom link will be given out to the workshop attendees. For registration please use the ECRSH website: <https://ecrsh.eu/research-workshop/registration-2>.

The workshop fees are as follows:

	Early Fee (until March 31, 2021)	Normal Fee (from April 1, 2021)	Early Student (until March 31, 2021)	Normal Student (from April 1, 2021)
Category I	650	750	450	550
Category II	550	650	350	450
Category III	450	550	250	350

Depending on the date of payment and on the country of living (Category I to III). For the categorization of the countries see: <https://ecrsh.eu/research-workshop/registration-2/workshop-fees>. The fee includes lectures, mentorship meetings and handouts of the lectures.

If you also participate in the European Conference on Religion, Spirituality and Health, May 27-28, 2021, the total fee (conference and workshop) will be reduced by 50 Euro's.

Please note the number of workshop participants is limited because of mentorship meetings !! So early registration is encouraged !

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